

Monday

2
SPAGHETTI W/ MEAT SAUCE – 2.5 oz
GREEN BEANS -3/4 cup O
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

9
CHICKEN SALAD W/CRACKERS – 2.5 oz
GREEN SALAD -3/4 cup DG
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

16
SPAGHETTI W/ MEAT SAUCE – 2.5 oz
GREEN BEANS -3/4 cup O
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

Sleeping
Snowboarding
Relaxing
Snow WinterBreak Family
Food Friends
Presents VideoGames

Tuesday

3
CHICKEN FAJITAS W/CHIPS – 2.5 oz
CORN -3/4 cup STARCHY
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

10
BEEF BURRITOS – 2.5 oz
BLACK BEANS -3/4 cup LG
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

17
CHICKEN FAJITAS W/CHIPS – 2.5 oz
CORN -3/4 cup STARCHY
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

Winter Break

Wednesday

4
TENDERS W/ MAC N CHEESE – 2.5 oz
BROCCOLI -3/4 cup DG
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

11
BEEF A RONI W/ ROLL – 2.5 oz
GREEN BEANS -3/4 cup O
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

18
TENDERS W/ MAC N CHEESE – 2.5 oz
BROCCOLI -3/4 cup DG
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

25
WINTER BREAK NO SCHOOL!

Thursday

5
OVEN FRIED CHICKEN W/MASH – 2.5 oz
CARROTS -3/4 cup RO
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

12
TURKEY & CHEESE CROISSANT – 2.5 oz
CARROTS -3/4 cup RO
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

19
OVEN FRIED CHICKEN W/MASH – 2.5 oz
CARROTS -3/4 cup RO
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

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Friday

6
CHICKEN NUGGETS W/ FRIES – 2.5 oz
VEGETARIAN BEANS -3/4 cup LG
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

13
CORN DOG W/ POTATO SALAD – 2.5 oz
FRIES -3/4 cup ST
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

20
SACK LUNCH – 2.5 oz
CHICKPEA CRISP-3/4 LG
Fruit – ½ cup
Milk- 8oz
(Dairy, Soy, Wheat)

Winter Break

30
WINTER BREAK NO SCHOOL!

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