

Monday

Tuesday

Wednesday

Thursday

Friday



4
Cinnamon Oatmeal – 2oz GR
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

5


6
Toasted Croissant– 2oz GR
Turkey Bacon - 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

7
Apple Muffin 2oz GR
Smoothie- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

1
Assorted Cereal – 2oz GR
Gogurt- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

8
Assorted Cereal – 2oz GR
Gogurt- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

11
Bagel w/Cream Cheese – 2oz GR
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

12
Waffle – 2oz GR
Chicken- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

13
Granola Bar – 2oz GR
Cheese Stick- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

14
French Toast – 2oz GR
Smoothie- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

15
Assorted Cereal – 2oz GR
Gogurt- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

18
Cinnamon Oatmeal – 2oz GR
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

19
Pancake – 2oz GR
Turkey Sausage Link- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

20
Toasted Croissant– 2oz GR
Turkey Bacon - 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

21
Apple Muffin 2oz GR
Smoothie- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

22
Assorted Cereal – 2oz GR
Gogurt- 1oz-M/MA
Fruit- 1 cup
Milk-8oz
(Dairy, Soy, Wheat)

