

~ Atlanta Unbound Academy -May 2024 ~Breakfast & Lunch Menu~

****ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% White Milk or FF Chocolate <Milk*(Allergen) `** *(MENU SUBJECT TO CHANGE ~ ****

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cranberry Muffin, Cheese Stix, Juice, Apples, Milk Beef and Mac, Green Beans, Roll, Apple, Milk (Vegetarian Crumbles)	2 Grilled Cheese Sandwich, Juice, Oranges, Milk WG Turkey Corndogs, Fries, Oranges, Milk (Vegetarian Corndog)	3 French Toast Stick, Banana, Juice, Milk ***** Bag Lunch**** Turkey Sandwich, Nutrigrain Bar, Carrots, Oranges, Milk (Cheese Sandwich)
6 Blueberry Muffin, Gogurt, Apple, Juice, Milk Chicken Patty Sandwich w/Cheese, Corn, Apple, Milk (Vegetarian Chicken Patty)	7 Pancake, Sausage, Oranges, Juice, Milk Nacho w./ Beef Meat Sauce, Romaine Lettuce Salad, Oranges, Milk (Vegetarian Crumbles)	8 Apple Muffin, Cheese Stix, Juice, Milk ***** Bag Lunch**** Turkey Sandwich, Nutrigrain Bar, Carrots, Oranges, Milk (Cheese Sandwich)	9 Turkey Sausage w/ Biscuit, Apple, Juice, Milk Turkey Hotdog, Coleslaw, Apple, Milk, (Vegetarian Hot Dog)	10 Waffle, Banana, Juice Milk Cheeseburger (Beef), Baked Beans, Oranges, Milk (Vegetarian Burger)
13 Cinnamon Roll, Gogurt, Juice, Apples, Milk Beef and Mac, Green Beans, Roll, Apple, Milk (Vegetarian Crumbles)	14 Turkey Sausage w/ Croissant Banana, Juice, Milk WG Turkey Corndogs, Fries, Oranges, Milk (Vegetarian Corn Dog)	15 Blueberry Muffin, Gogurt, Apples, Juice, Milk Nacho w./ Beef Meat Sauce, Romaine Lettuce Salad, Oranges, Milk (Vegetarian Crumbles)	16 Grilled Cheese Sandwich, Oranges, Juice, Milk Beef Hot Dog, Baked Beans, Oranges, Milk (Vegetarain Hot Dog)	17 French Toast stick, Banana, Juice, Milk ***** Bag Lunch**** Turkey Sandwich, Nutrigrain Bar, Carrots, Oranges, Milk (Cheese Sandwich)
20 Blueberry Muffin, Gogurt, Apple, Juice Milk Chicken Patty Sandwich w/Cheese, Corn, Apple, Milk (Vegetarian Chicken Patty)	21 Nutrigrain Bar, Juice, Oranges, Milk Nacho w./ Beef Meat Sauce, Romaine Lettuce Salad, Oranges, (Vegetarian Crumbles)	22 Apple Muffin, Cheese Stix, Grapes, Milk ***** Bag Lunch**** (Dairy, Soy, Turkey, Wheat) (Cheese Sandwich)	23 Turkey Sausage w/ Biscuit, Apple, Milk WG Turkey Corndogs, Fries, Oranges, Milk (Vegetarian Corndog)	Cherrios, Banana, Juice, Milk ***** Bag Lunch**** Turkey Sandwich, Nutrigrain Bar, Carrots, Oranges, Milk (Cheese Sandwich)
27 School Closed	28 Nutrigrain Bar, Juice Oranges, Milk WG Turkey Corndogs, Fries, Oranges, Milk (Vegetarian Corndog)	29 Apple Muffin, Cheese Stix, Grapes, Milk Turkey Sandwich, Nutrigrain Bar, Carrots, Oranges, Milk (Cheese Sandwich)	30 Grilled Cheese Sandwich, Oranges, Juice, Milk Beef Hot Dog, Baked Beans, Oranges, Milk (Vegetarain Hot Dog)	31 Waffle, Banana, Juice Milk Cheeseburger (Beef), Baked Beans, Oranges, Milk (Vegetarian Burger)



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