

~ Atlanta Unbound Academy–April 2024 ~Breakfast& Lunch Menu~

****ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% White Milk or FF Chocolate <Milk*>(Allergen) `** *(MENU SUBJECT TO CHANGE ~ ****

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>8 Hash Brown, , banana, Juice Milk <i>(Dairy, Eggs, Soy)</i></p> <p>Sweet and Sour Meat ball over Rice, Brussels Sprouts, Apple, Milk <i>(Dairy, Soy, Wheat)</i></p>	<p>9 Nutrigrain breakfast bar, Go’Gurt orange, Juice, Milk <i>(Dairy, Wheat, Eggs Soy)</i></p> <p>Chicken Tenders, Romaine Lettuce Salad, Potato, Oranges, Milk <i>(Dairy, Wheat, Soy)</i></p>	<p>10 Blueberry Muffin w/ Cheese Stix, Banana, Juice, Milk <i>(Dairy, wheat Soy)</i></p> <p>Spaghetti w/ Turkey Meat sauce, Corn, Pineapple Tidbits, Milk <i>(Wheat, Egg, Dairy)</i></p>	<p>11 Turkey Sausage Biscuit, Applesauce, Juice, Milk <i>(Wheat, Dairy,)</i></p> <p>Buffalo Chicken Dip w/ Tortilla Chips, Carrots, Pears, Milk <i>(Wheat, Egg, Dairy)</i></p>	<p>12 Rice Krispies, Honey Graham Crackers, Banana Juice, Milk Juice Milk – <i>(Wheat, Dairy)</i></p> <p>Cheeseburger (Beef), Baked Beans, Oranges, Milk <i>(Wheat, Dairy)</i></p>
<p>15 Pancake, Apple, Juice, Milk <i>(Wheat, Dairy, egg)</i></p> <p>Chicken Nuggets. Mac, Broccoli, Apple, Milk <i>(Dairy, Soy, Beef, Wheat)</i></p>	<p>16 <i>Bagel w/ cream Cheese, Fruit, Juice, Milk</i> <i>(Wheat, Dairy, Soy)</i></p> <p>Grilled Cheese Sandwich, Hash brown, Peaches, Milk <i>(Soy, Wheat, Dairy,)</i></p>	<p>17 Cranberry Orange Muffin, Gogurt, Apples, Juice, Milk- <i>(Dairy, Soy, Eggs, wheat)</i></p> <p>Chicken Patty, Bun, Carrots, w/ Ranch Oranges, Milk <i>(Dairy, Soy, wheat)</i></p>	<p>18 Mini Croissant w/Turkey Bacon, Juice, Milk <i>(Dairy, Soy, Wheat)</i></p> <p>BBQ Chicken Drumstick, Mashed Potato, Apple, Milk <i>(Soy, Wheat, Dairy)</i></p>	<p>19 Belgian Waffle, Banana, Juice, Milk <i>(Dairy, Eggs, Soy)</i></p> <p>Hot Dogs (Beef) Baked Beans, Cole Slaw, Pear, Milk <i>(Wheat, Dairy)</i></p>
<p>22 French Toast, banana, Juice Milk <i>(Dairy, Eggs, Soy)</i></p> <p>Sweet and Sour Meat ball, Roll, Green Beans, Mix Vegetable, Peaches, Milk <i>(Dairy, Soy, Wheat)</i></p>	<p>23 Bagel w cheese, orange, Juice, Milk <i>(Dairy, Wheat, Eggs Soy)</i></p> <p>Chicken Tenders, Romaine Lettuce Salad, Potato, Oranges, Milk <i>(Dairy, Wheat, Soy)</i></p>	<p>24 Blueberry Muffin w/ Gogurt, Banana, Juice, Milk <i>(Dairy, wheat Soy)</i></p> <p>Spaghetti w/ Turkey Meat sauce, Corn, Pineapple Tidbits, Milk <i>(Wheat, Egg, Dairy)</i></p>	<p>25 Turkey Sausage Biscuit, Applesauce, Juice, Milk <i>(Wheat, Dairy,)</i></p> <p>Buffalo Chicken Dip w/ Tortilla Chips, Carrots, Pears, Milk <i>(Wheat, Egg, Dairy)</i></p>	<p>26 Belgian Waffle, Banana Juice, Milk Juice Milk – <i>(Wheat, Dairy)</i></p> <p>Cheeseburger (Beef), Baked Beans, Oranges, Milk <i>(Wheat, Dairy)</i></p>
<p>29 Pancake, Apple, Juice, Milk <i>(Wheat, Dairy, egg)</i></p> <p>Chicken Nuggets. Mac, Broccoli, Apple, Milk <i>(Dairy, Soy, Beef, Wheat)</i></p>	<p>30 <i>Bagel w/ cream Cheese, Fruit, Juice, Milk</i> <i>(Wheat, Dairy, Soy)</i></p> <p>Grilled Cheese Sandwich, Hash brown, Peaches, Milk <i>(Soy, Wheat, Dairy,)</i></p>			



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