~ Atlanta Unbound Academy-April 2024 ~~Breakfast& Lunch Menu~

\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% White Milk or FF Chocolate <Milk\*(Allergen) `\*\* \*(MENU SUBJECT TO CHANGE ~ \*\*

Monday	Tuesday	Wednesday	Thursday	Friday
	school Tunch	Spring Break has arrived!	Spring  * O * O * O * O * O * O * O * O * O *	School
8	9	10	11	12
Hash Brown, , banana, Juice Milk	Nutrigrain breakfast bar, Go'Gurt	Blueberry Muffin w/ Cheese Stix, Banana,	Turkey Sausage Biscuit, Applesauce,	Rice Krispies, Honey Graham
(Dairy, Eggs, Soy)	orange, Juice, Milk	Juice, Milk	Juice, Milk	Crackers, Banana Juice, Milk
Sweet and Sour Meat ball over Rice,	(Dairy, Wheat, Eggs Soy)	(Dairy, wheat Soy)	(Wheat, Dairy,)	Juice Milk – (Wheat, Dairy)
Brussels Sprouts, Apple, Milk	Chicken Tenders, Romaine Lettuce	Spaghetti w/ Turkey Meat sauce, Corn,	Buffalo Chicken Dip w/ Tortilla Chips,	Cheeseburger (Beef), Baked
(Dairy, Soy, Wheat)	Salad, Potato, Oranges, Milk	Pineapple Tidbits, Milk	Carrots, Pears, Milk	Beans, Oranges, Milk
	(Dairy, Wheat, Soy)	(Wheat, Egg, Dairy)	(Wheat, Egg, Dairy)	(Wheat, Dairy)
15 Pancake, Apple, Juice, Milk	16	17 Cranberry Orange Muffin, Gogurt, Apples,	18 Mini Croissant w/Turkey Bacon, Juice,	19 Belgian Waffle, Banana, Juice, Milk
(Wheat, Dairy, egg)	Bagel w/ cream Cheese, Fruit, Juice, Milk	Juice, Milk-	Milk	(Dairy, Eggs, Soy)
	(Wheat, Dairy, Soy)	(Dairy, Soy, Eggs, wheat)	(Dairy, Soy, Wheat)	
Chicken Nuggets. Mac, Broccoli, Apple, Milk			BBQ Chicken Drumstick, Mashed	Hot Dogs (Beef) Baked Beans, Cole Slaw, Pear, Milk
(Dairy, Soy, Beef, Wheat)	Grilled Cheese Sandwich, Hash	Chicken Patty, Bun, Carrots, w/ Ranch Oranges, Milk	Potato, Apple, Milk	(Wheat, Dairy)
	brown, Peaches, Milk (Soy, Wheat, Dairy,)	(Dairy, Soy, wheat)	(Soy, Wheat, Dairy)	
22	23	24	25	26
French Toast, banana, Juice Milk	Bagel w cheese, orange, Juice, Milk	Blueberry Muffin w/ Gogurt, Banana,	Turkey Sausage Biscuit, Applesauce,	Belgian Waffle, Banana Juice, Milk
(Dairy, Eggs, Soy)	(Dairy, Wheat, Eggs Soy)	Juice, Milk	Juice, Milk	Juice Milk – (Wheat, Dairy)
Sweet and Save Mart hall Dall	Chicken Tenders, Romaine Lettuce	(Dairy, wheat Soy)	(Wheat, Dairy,)	Cheeseburger (Beef), Baked
Sweet and Sour Meat ball, Roll, Green Beans, Mix Vegetable,	Salad, Potato, Oranges, Milk	Spaghetti w/ Turkey Meat sauce, Corn, Pineapple Tidbits, Milk	Buffalo Chicken Dip w/ Tortilla Chips,	Beans, Oranges, Milk
Peaches, Milk	(Dairy, Wheat, Soy)	(Wheat, Egg, Dairy)	Carrots, Pears, Milk	(Wheat, Dairy)
(Dairy, Soy, Wheat)			(Wheat, Egg, Dairy)	
29	30			What's
Pancake, Apple, Juice, Milk (Wheat, Dairy, egg)	Bagel w/ cream Cheese, Fruit,			Cooking
	Juice, Milk (Wheat, Dairy, Soy)		28(11/2)	in the Kitchen?
Chicken Nuggets. Mac, Broccoli,	(Times, Bully, Soy)		No.	The state of the s
Apple, Milk (Dairy, Soy, Beef, Wheat)	Grilled Cheese Sandwich, Hash			
(San f) Soft Seel, Wheat	brown, Peaches, Milk		heerios	LUNCH BREAKFAST
	(Soy, Wheat, Dairy,)			13
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