
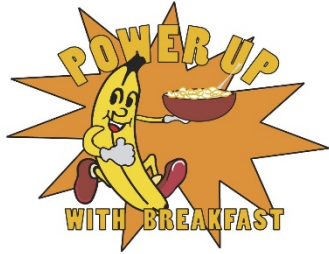




~Atlanta Unbound Academy –March 2024~ Breakfast and Lunch Menu~

**\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% White Milk or FF Chocolate <Milk\*(Allergen) `\*\* \*(MENU SUBJECT TO CHANGE ~ \*\***

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Raisin Bran or Cocoa Krispy Cereal, Graham Crackers, Fruit Juice, Milk (wheat, Dairy, Soy) Cheeseburger Potato Wedges, Fruit, Milk (Vegetarian Burger) (Wheat, Dairy)</p> <p>32</p>
<p>4 Breakfast Croissant w/ Jelly Fruit, Juice, Milk (Dairy, Soy, Eggs, wheat) Chicken Fajita Rice Bowl, Broccoli, Fruit, Milk (Vegetarian Chicken Strip) (Dairy, Wheat, Soy)</p>	<p>5 Bagel w/ Cheese, Fruit, Juice, Milk (Dairy, Soy, Eggs, wheat) Nacho w/Turkey, Black beans, Fruit, Milk (Vegetarian Crumbles) (Dairy, Soy, Wheat)</p>	<p>6 Cranberry or Choco Chip Muffin, Cheese Stick Fruit, Juice, Milk (Wheat, Soy, Dairy) Turkey Deli Sub, Celery Stick w/Ranch, Fruit, Milk, Juice (Vegetarian Chicken) (Wheat, Soy, Dairy)</p>	<p>7 French Toast Sticks, Turkey Sausage, Fruit, Juice, Milk (Egg, Dairy, Soy) Chicken Gyro on Pita Bread w/ cucumber Sauce, Carrots, Fruit, Milk (Vegetarian Chicken Strips) (Dairy, Wheat, Soy)</p>	<p>8 Cheerios or Corn Flakes, Graham Crackers, Juice, Milk (Dairy, Soy, wheat) Corn dog, Potatoes, Fruit, Milk (Veggie Corn Dog) (Dairy, Wheat, Soy)</p>
<p>11 Nutrigrain Bar, Cheese stick, Fruit, Juice, Milk (Soy, Wheat, Dairy) Sweet and Sour Meatballs, Noodles, Green Beans, Fruit, Milk (Vegetarian Meatballs) (Dairy, Wheat,)</p>	<p>12 Breakfast Pizza, Juice, Milk (Dairy, Soy, Eggs, wheat) Baked Spaghetti w/ Cheese, Roll, Peas &amp; Carrots, Fruit, Milk (Vegetarian No Meat) (Dairy, Wheat, Soy)</p>	<p>13 Blueberry Muffin, Cheese Stick, Fruit, Juice, Milk (Dairy, Egg, Wheat) Chicken Sandwich, Green Salad, Fruit, Milk (Vegetarian Chicken) (Dairy, Wheat, Soy)</p>	<p>14 Cheese Omelet, Fruit, Juice, Milk (Dairy, Soy, Wheat) Orange Chicken w/ Rice, Navy Beans, Fruit, Milk (Vegetarian Chicken) (Dairy, Wheat, Soy)</p>	<p>15 Raisin Bran or Cocoa Krispy Cereal, Graham Crackers, Fruit Juice, Milk (wheat, Dairy, Soy) Cheeseburger, Potato Wedges, Fruit, Milk (Vegetarian Hot Dog) (Wheat, Dairy)</p>
<p>18 Mini Cinnis, Fruit, Juice, Milk (Dairy, Soy, Wheat) Chicken Nuggets, Green Beans, Rolls, Milk (Vegetarian Nuggets) (Dairy, Wheat, Soy)</p>	<p>19 Bagel w/ Cheese, Fruit, Juice, Milk (Dairy, Soy, Eggs, wheat) Nacho w/Turkey, Black beans, Fruit, Milk (Vegetarian Crumbles) (Dairy, Soy, Wheat)</p>	<p>20 Cranberry or Choco Chip Muffin, Cheese Stick Fruit, Juice, Milk (Wheat, Soy, Dairy) Turkey Deli Sub, Celery Stick w/Ranch, Fruit, Milk, Juice (Grilled Cheese Sandwich) (Wheat, Soy, Dairy)</p>	<p>21 French Toast, Turkey Sausage, Fruit, Juice, Milk (Dairy, Soy, Eggs, wheat) Chicken Gyro on Pita Bread w/ cucumber Sauce, Carrots, Fruit, Milk (Vegetarian Chicken Strips) (Dairy, Wheat, Soy)</p>	<p>22 Cheerios or Corn Flakes, Graham Crackers, Juice, Milk (wheat, Dairy, Soy) Corn dog, Potatoes, Fruit, Milk (Veggie Corn Dog) (Dairy, Wheat, Soy)</p>
<p>25 Breakfast Croissant w/ Jelly Fruit, Juice, Milk (Dairy, Soy, Eggs, wheat) Chicken Fajita Rice Bowl, Broccoli, Fruit, Milk (Vegetarian Chicken Strip) (Dairy, Wheat, Soy)</p>	<p>26 Breakfast Pizza, Juice, Milk (Dairy, Soy, Eggs, wheat) Baked Spaghetti w/ Cheese, Roll, Peas &amp; Carrots, Fruit, Milk (Vegetarian No Meat) (Dairy, Wheat, Soy)</p>	<p>27 Blueberry Muffin, Cheese Stick, Orange, Juice, Milk (Dairy, Egg, Wheat) Turkey Deli Sub, Celery Stick w/Ranch, Fruit, Milk, Juice (Vegetarian Chicken) (Wheat, Soy, Dairy)</p>	<p>28 Cheese Omelet, Fruit, Juice, Milk (Egg, Dairy, Soy) Chicken Gyro on Pita Bread w/ cucumber Sauce, Carrots, Fruit, Milk (Vegetarian Chicken Strips) (Dairy, Wheat, Soy)</p>	